

# FREE TRAINING

## Free On-Site Safety Trainings Available Through NBSIA

Trainings are customizable to your needs; available for various departments and job classifications, at site-level or District-level, for various group sizes. Schedule your next training by e-mailing [MemberServices@nbsia.org](mailto:MemberServices@nbsia.org)

### **Back Injury Prevention**

Teaches safe lifting techniques, proper body mechanics, and stretching exercises to help prevent back injuries.

### **Fire Extinguisher Training**

*Training required annually by law.* Teaches proper placement, selection and usage of portable fire extinguishers.

### **Bloodborne Pathogens**

Focuses on the use of universal precautions when encountering blood or bodily fluids at the work site. Teaches proper cleanup and disposal methods.

### **Golf Cart Training**

Teaches the proper use of golf carts, safe work practices and operations. Brings awareness to the risks of improper use of golf carts.

### **Equipment Operator Certification**

Teaches safe and proper use of *forklifts, aerial boom lifts* or *scissor lifts*. Includes certification for those who pass the driving and operation test.

### **Hazard Communication/GHS**

Identifies hazardous substances in the workplace, their potential harmful effects and teaches appropriate control measures.

### **Ergonomics in Food Services**

Includes overview of job hazards; safe work practices; safe lifting techniques; preventing slips, trips and falls; and stocking items safely.

### **Heat Illness Prevention**

Reviews the regulatory requirements, procedures, preventative measures, and common signs of heat illness.

### **Ergonomics in the Workplace**

General overview of ergonomics; explains how posture, motions, workstation and tools can be adjusted to help prevent or reduce injury.

### **Integrated Pest Management (IPM)**

Approved by the Department of Pesticide Regulation, as set forth by the Healthy Schools Act. Teaches pesticide effects, approved pesticides, and safe usage. Required annually by law for anyone who applies a pesticide at a school or child care center.

## Instructed by NBSIA Safety Specialists

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### **Ladder Safety**

Includes topics such as: how to choose the correct ladder for the job, safe and proper use, do's and don'ts, and injury prevention.

### **Lead Awareness**

Gives employees knowledge about the dangers of lead, facts about lead in schools, hazards and risks, health problems associated with lead, safe work practices and worker protection.

### **Playground Inspector**

Teaches employees the methods to use and hazards to look for when performing high frequency playground inspections.

### **Playground Supervision for Elementary**

Examines the role and responsibility of playground supervisors, identifies common unsafe behaviors, and teaches accident prevention through vigilance.

### **Safety Orientation**

Customized for your needs—multiple topics of your choosing in one sitting. Contact NBSIA to create your safety orientation.

### **Safe Work Practices for Teachers**

Informs teachers about general safety techniques and awareness in order to help prevent injury in classroom environments.

### **Safe Work Practices for IA's/Para's**

Includes common injuries and preventative measures, proper body mechanics, safe lifting techniques, and safe transfer techniques for Instructional Assistants and Para Educators.

### **Wheel Chair Safety for Spec. Ed. IA's/Para's**

Includes common injuries and prevention, proper body mechanics, safe lifting and transfer techniques, wheelchair inspections, compassion fatigue and resources for Instructional Assistants and Para Educators.

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